



2004 LCSRA TRAINING CLINICS

City of Eugene City League Rules

LCSRA Spring, 2004, Training
Program



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Lesson Objective...

“At the end of this presentation, you should be able to state”:

- 4 key City League Rules
- 3 exceptions to USSF Laws in City League games
- Special city Coed Recreational Rules.



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Note:

Where exceptions are not stated,
City League games are governed
by USSF Laws of the Game.



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Three Topics

- 4 key City League rules
- Exceptions to USSF Laws
- Special Coed Recreational Rules



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TOPIC 1: 4 Key City League Rules

These Rules must be strictly enforced:

- Rosters
- Player Identification
- Jersey Color/Numbers
- Send Offs



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1. Rosters

All players MUST be on the team roster to be eligible to play.

If a player is not on the roster...

NO PLAY - NO EXCEPTIONS!



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2. Player Identification

All registered players must show picture identification to the referee crew before each game.

NO ID - NO PLAY - NO EXCEPTIONS!



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2. Player Identification

Valid ID's = Picture ID's:

- Driver's License,
- Oregon ID card,
- School ID card, or
- Passport



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3. Jersey Color/Numbers

- ❑ Players must have PERMANENT numbered jerseys of the same color by their first game.
- ❑ Numbers must be either on the front or the back of the jersey.
- ❑ Players without permanent numbered jerseys of the same color are not allowed to play.



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4. Send-off

Any player sent off, MUST leave the site of the playing area within one minute.

Use Common Sense when enforcing this Rule based on the behavior of the player following the ejection.



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TOPIC 2: Exceptions to USSF Laws

- Law 3: Players
- Law 3: Substitutions
- Law 4: Player Equipment



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Exception #1: Players

All 11-a-side teams must have a
minimum of six (6) players...

To begin a game, or

To continue a game.



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Exception #1: Players

Forfeited Games

- ❑ Game time is forfeit time (for win/loss purposes). Forfeits are recorded as a 3-0 score.
- ❑ Referees will officiate forfeited games provided that:
 - ❑ Within 15-minutes, teams have minimum # of players per team
 - ❑ Rostered players can be “borrowed” from either of the participating teams to meet the minimum number of players



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*NOTE ON FORFEITED GAMES

City League Rules state that: *“The length of any game will not exceed the scheduled game length plus five minutes allotted for half-time”*. Therefore...

Referees are to start their watch at the scheduled start time and the first half of play will be shortened for each minute of the delayed start up to a maximum of 15-minutes. Referees should notify both captains of this provision.



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Exception #2: Substitutes

- Unlimited substitution
- Team in possession may substitute on: throw-in, corner kick, free kick. If team in possession substitutes, the other team may also substitute
- Players must leave field prior to referee giving permission for a substitute to enter



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Exception #3: Player Equipment

- Braces - Must be wrapped with slow recovery foam or a neoprene sheath
- Hard casts - Never allowed
- Jewelry - NOT permitted, except...



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TOPIC #3: Special "Coed Rec" rules

- Players
- Substitutes
- Slide tackles
- Scoring



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1. Players

- Teams play with 3 men and 3 women players on the field.
- Teams must have at least 2 men and 2 women on the field at all times. (Minimum of 5 players to start/continue play)
- The goal keeper may be of either sex.
- With mutual consent of team captains, teams may play with 7 field players.
- The extra player may be of either sex.



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2. Substitutes

- Substitutes may enter during the 'run of play' without the referee's permission.
- Teams may substitute a woman for a man ONLY if there are not 3 men present to play.
- If a team is behind by 4 goals, they may add an additional player (either sex) until the score difference is less than 4.



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3. Slide Tackles

Any slide tackle where contact is made with either the ball, or a player, or significantly interferes with play will be punished by a minimum of a direct free kick or penalty kick, awarded to the opponent.

Depending on the judgment of the Referee, instances where excessive force or dangerous play are involved may also result in the issuance of either a yellow card or red card.



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Scoring

- Goals scored by men count as one
- Goals scored by women count as two
- All penalty kicks count as one
- If a team plays with 4 women because of a shortage of men, all goals by that team for the entire game count as one even if an additional male player arrives at the game site.



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SUMMARY

4 Key City League Rules

- Rosters
- Player Identification
- Jersey Color/Numbers
- Send Offs



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SUMMARY

Exceptions to USSF Laws

- Law 3: Players
- Law 3: Substitutions
- Law 4: Player Equipment



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SUMMARY

Special "Coed Rec" rules

- Players
- Substitutes
- Slide tackles
- Scoring



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What did you Learn?

Can you state:

- 4 key City League Rules
- 3 exceptions to USSF Laws in City League games
- Special city Coed Recreational Rules.